

THE WORD ON COMMON STREET

August 29, 2025/VOL 033
DEVELOPMENTS SHAPING OUR TOWN

September - Suicide Prevention

September is Suicide Prevention Month and Southborough Youth Family Services (SYFS) is offering programs designed to provide practical tools, strategies, and connections to help support loved ones and strengthen resilience.

Suicide Prevention Flyer - YFS

SEPTEMBER IS SUICIDE PREVENTION AWARENESS MONTH

LEARN. HELP. INSPIRE

Join us for these important workshops to learn how you can make a difference

Tuesday, Sept 2, 2025: Understanding Depression

7:00 p.m. - 8:00 p.m. | Southborough Library-Eaton Room

Tuesday, Sept 9, 2025: Navigating the Mental Health System

7:00 p.m. - 8:00 p.m. | Southborough Library-Eaton Room

Tuesday, Sept 23, 2025: The Value of Validation

7:00 p.m. - 8:00 p.m. | Southborough Library-Eaton Room

Tuesday, Sept 30, 2025: QPR Suicide Prevention Training

6:00 p.m. - 8:00 p.m. | Southborough Library-Upstairs

For more information on the content of each session:

Visit: southboroughma.gov/927/Info-Sessions

TO SIGN-UP:

VISIT
THE LINK

tiny.cc/SYFS-SEPT-IS

OR

SCAN THE
QR CODE



OR

CALL US
AT

(508) 481-5676



**SOUTHBOROUGH YOUTH
AND FAMILY SERVICES**
STRENGTHENING OUR COMMUNITY BY SUPPORTING ITS FAMILIES

Click here to register for any sessions:

tiny.cc/SYFS-SEPT-IS

Click here for the **SHELF HELP** Book Discussion:

tiny.cc/SH-SEP-25

Want a lawn sign to show your support? Sign up here:

tiny.cc/SYFS-SPAS

Please share these opportunities with family, friends, and neighbors who may benefit from learning, discussion, and support this September.

Cultural Arts Grant Application

The Southborough Cultural Arts Council (SCAC) is excited to kick



MCC Logo

off the FY26 Local Cultural Council Grant Cycle on September 2, 2025! This year, SCAC has \$6,400 from the Mass Cultural Council to award for arts and cultural programs that benefit Southborough. Grants range from \$250-\$1,000 and can support both ongoing initiatives and special events. Plus—stay tuned for details this fall on a second grant opportunity for local projects!

Important Dates to Remember

- **Applications Open:** Sept. 2, 2025 - apply here: <https://tinyurl.com/bdh3knh8>
- **Grant Info Session:** Sept. 16, 2025 @ 7PM (details on Town website soon)
- **Applications Close:** Oct. 16, 2025
- **Decisions Announced:** by Dec. 31, 2025

What SCAC Funds

SCAC prioritizes projects that:

- Serve Southborough residents and surrounding communities
- Showcase local artists and organizations
- Highlight the natural world and environment
- Reach diverse audiences across ages and disciplines (arts, humanities, interpretive sciences)

Applicant Tips

- Secure a venue and include a date in your application
- Provide a letter of agreement if partnering with another organization
- Projects must take place between Jan-Dec 2026

Help us spread the word and bring more creativity to Southborough! Click here to view our website and learn more: <https://tinyurl.com/mr48eu9z>

Transfer Station Stickers

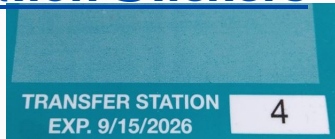
Reminder: Transfer Station stickers expire on Sept 15th!

Cost: Non-Senior:

\$295.00 for the 1st sticker, additional stickers up to (3) are \$25.00 each

Seniors (born on or before 12/31/60):

\$50.00 for 1st sticker, additional stickers (up to (3) are \$15.00 each. Click here for more details & to order online: <https://tinyurl.com/5n866ap9>



Pic of Transfer Station Sticker

Fall Town Meeting Update

Fall Town Meeting has been rescheduled due to a conflict at Trottier. Please mark your calendars for Monday, October 27 at 6:30 PM at Trottier Middle School, 49 Parkerville Road.



Pic of people holding voting cards

This is a great opportunity to come together as a community and make a difference! We'll be voting on a variety of important articles, including a significant zoning bylaw that could help revitalize Route 9. Your participation matters & we hope to see you there!

The Select Board will be discussing warrant articles at their September 2nd and 16th meetings. Please tune in to learn about the articles being brought to Fall Town Meeting. Click here to watch the meetings virtually: <https://tinyurl.com/3hxhyzz2>

Senior Flu Clinic

The Southborough Health Department will host its annual Flu Clinic on Wednesday, October 9, from 10:00 AM–12:30 PM at the Senior Center. Seniors (65+) are encouraged to receive the high-dose flu vaccine, which is shown to provide stronger protection against serious flu complications. Getting vaccinated helps prevent illness, pneumonia, and other health risks, especially for older adults and children. Advance registration is required (no walk-ins). Register online at tinyurl.com/southborofluclinic or call the Health Department at 508-281-8983 for assistance.



Pic of flu clinic

Tricentennial Ice Cream Social!

Curious about Southborough's 2027 Tricentennial celebrations? Join us at Heritage Park (St. Mark's St. & Marlboro Rd., next to the Library) on Sunday, September 7th to meet the Tricentennial Committee, learn about upcoming events, and enjoy a sweet treat from Southborough's own Connor Lester Ice Cream! Craving a scoop before then? Swing by Sperry's on Route 9 to try Connor's amazing flavors anytime!

WHAT'S THE
SCOOP
ON SOUTHBOROUGH'S
TRICENTENNIAL?

Join us **Sunday Sept. 7,**
2-4pm at Heritage Park* for a

FREE SCOOP OF ICE CREAM

- Chat with the Tricentennial and Fundraising committees
- Support the celebration by donating for a commemorative engraved brick in Heritage Park — a lasting legacy for generations to come.
- Discover exciting plans for an entire year of Tricentennial celebrations!



Sign up for the Tricentennial e-newsletter and enter for a chance for an engraved brick!

Ice cream provided in partnership with Southborough's own teen ice cream entrepreneur, Connor Lester. Be sure to visit his shop inside Sperry's on Route 9!

Rain Date TBD

* Southborough's new Heritage Park is behind the library



Tricentennial Ice Cream Social Flyer

Contact Info:

Select Board: selectboard@southboroughma.com

Town Administrator's Office:
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Twitter: @17Common

Website: <https://www.southboroughma.gov/>



Mark Purple 2025